

NURSE ASSISTANT

RAPIDS: 0824D

O*NET/SOC: 31-1014.00

REVISION DATE: 09/2019

TRADE DESCRIPTION: Provide basic patient care under direction of nursing staff. Perform duties such as feed, bathe, dress, groom, or move patients, or change linens. May transfer or transport patients. Includes nursing care attendants, nursing aides, and nursing attendants. NOTE: Completion of the NURSE ASSISTANT Apprenticeship programs does NOT license nor does it guarantee that the apprentice will be entitled to challenge or be allowed to take the state licensing/certification exams. Each state is sovereign and controls their own licensing procedure. Completion of this program documents that an individual has specific work experience in particular skill areas and has completed an apprenticeship program for that trade.

TASK PERFORMANCE: Demonstrate knowledge and skills for qualifying as Journeyman. Applicable Job Qualification Requirements will be used as a guide in performing tasks and demonstrating knowledge in the following skill areas. Actual work time must be recorded in the Work Experience Log; each skill area must be completed.

Applicable Ratings/MOS/NEC

USMC MOS: None

USCG: None

USN: HA, HM, HN

USA MOS: None

Related Instruction:

Trade related On-The-Job-Training (OJT) or Any Trade related schools/courses totaling 144 or more hours.

Additional Requirement:

None

Total Hours: **2000**

Skill	Description	Hours
A	<p>TRANSPORTING AND HANDLING PATIENTS</p> <ul style="list-style-type: none"> -- Turn or reposition bedridden patients. -- Provide physical support to assist patients to perform daily living activities, such as getting out of bed, bathing, dressing, using the toilet, standing, walking, or exercising. -- Undress, wash, and dress patients who are unable to do so for themselves. -- Lift or assist others to lift patients to move them on or off beds, examination tables, surgical tables, or stretchers. -- Exercise patients who are comatose, paralyzed, or have restricted mobility. -- Wash, groom, shave, or drape patients to prepare them for surgery, treatment, or examination. -- Position or hold patients in position for surgical preparation. -- Transport patients to treatment units, testing units, operating rooms, or other areas, using wheelchairs, stretchers, or moveable beds. 	300
B	<p>VITAL SIGNS</p> <p>Record vital signs, such as temperature, blood pressure, pulse, or respiration rate, as directed by medical or nursing staff.</p>	300
C	<p>ORDERLY OPERATIONS</p> <ul style="list-style-type: none"> -- Answer patient call signals, signal lights, bells, or intercom systems to determine patients' needs. -- Review patients' dietary restrictions, food allergies, and preferences to ensure patient receives appropriate diet. -- Measure and record food and liquid intake or urinary and fecal output, reporting changes to medical or nursing staff. -- Gather information from caregivers, nurses, or physicians about patient condition, treatment plans, or appropriate activities. -- Observe or examine patients to detect symptoms that may require medical attention, such as bruises, open wounds, or blood in urine. -- Document or otherwise report observations of patient behavior, complaints, or physical symptoms to nurses. 	300
D	<p>ASSISTING AND CARING FOR OTHERS</p> <ul style="list-style-type: none"> -- Remind patients to take medications or nutritional supplements. 	300

	<ul style="list-style-type: none"> -- Feed patients or assist patients to eat or drink. -- Supply, collect, or empty bedpans. -- Prepare or serve food trays. -- Record height or weight of patients. -- Assist nurses or physicians in the operation of medical equipment or provision of patient care. -- Administer medications or treatments, such as catheterizations, suppositories, irrigations, enemas, massages, or douches, as directed by a physician or nurse. -- Set up treating or testing equipment, such as oxygen tents, portable radiograph (x-ray) equipment, or overhead irrigation bottles, as directed by a physician or nurse. 	
E	WOUND CARE <ul style="list-style-type: none"> -- Remove soiled dressings. -- Apply clean dressings, slings, stockings, or support bandages, under direction of nurse or physician. 	200
F	LABORATORY <ul style="list-style-type: none"> -- Collect specimens, such as urine, feces, or sputum. -- Transport specimens, laboratory items, or pharmacy items, ensuring proper documentation and delivery to authorized personnel. 	200
G	HOUSE KEEPING/STOCKING <ul style="list-style-type: none"> -- Clean and sanitize patient rooms, bathrooms, examination rooms, or other patient areas. -- Change bed linens or make beds. -- Restock patient rooms with personal hygiene items, such as towels, washcloths, soap, or toilet paper. -- Stock or issue medical supplies, such as dressing packs or treatment trays. 	200
H	PATIENT COMMUNICATION <ul style="list-style-type: none"> -- Communicate with patients to ascertain feelings or need for assistance or social and emotional support. -- Provide information such as directions, visiting hours, or patient status information to visitors or callers. -- Explain medical instructions to patients or family members. 	200

